

Utilities - try not to stress about gas/electricity. Phone them if you have a prepay meter, tell them you're self isolating and we understand that they will send you 2 weeks worth of gas/electricity and if you have a smart meter - they will top it up.

British Gas - 0333 202 9802

EDF - 033 200 5100

EON - 0345 052 000

N POWER - 0800 073 3000

Scottish Power - 0800 027 0072

SSE - 0345 026 2658