

*Castlehill's Property Service department is happy to help advise you on how to get rid of minor bits of mould.*

*If you feel like your property has larger mould issues, please contact your Property Services Officer to discuss further.*

*4 Carden Place  
Aberdeen, AB10 1UT*



**Keep your home  
free from  
damp and mould  
reduce risk**



# CONDENSATION CAUSES MOULD

When cold surfaces come into contact with humid air, droplets of water form. These droplets are called condensation.

Condensation is caused when temperatures shift from cold to warm, for example when cold, frosty windows come into contact with warm air from inside homes.

People cause moisture in cold rooms simply by breathing. So it is important to adequately heat rooms in order to avoid this.



Common areas for condensation to occur are windows, walls, just above the skirting boards and the corners of rooms, particularly at floor and ceiling height.

Try to enable airflow throughout your home, you may find that moving furniture slightly away from external walls helps this.



# DEAL WITH THE CONDENSATION

It's important to wipe condensation off cold surfaces such as window sills, tiles and sanitary ware. If you discover the start of mould, wipe the area clean of fungicidal growth and clean it with a fungicidal wash (which you can buy at B&Q or online) or an anti-mould solution. It's best not to vacuum as the spores of the mould can become airborne.

Remember that the control of condensation is key to the prevention of mould growth.

# HOW TO REDUCE CONDENSATION

If you can reduce condensation you should be able to avoid the possibility of mould.

Try to make less moisture.

- Don't dry clothes on radiators. If you do, open windows and ensure lots of ventilation.
- Dry clothes outside whenever possible.
- Cover pans when cooking, use an extractor fan (if you have one) and keep windows open.
- Ensure lots of ventilation when using a tumble dryer. If it has a vent hose, ensure it leads to the outside. Avoid using paraffin or flueless bottled gas heaters

**Ventilate to remove moisture.**

You can increase the ventilation in your home by opening windows regularly and by using window or wall vents. Make sure an extractor fan is kept on when showering or bathing. Open a window afterwards to allow warm air to escape.



Heat your home a little more to reduce the risk of condensation. It may be better to keep the heating on 'low' for longer periods than 'high' for short periods to prevent walls from becoming too cold.

If you are worried about the cost of heating your home there are many organisations offering advice. SCARF for example can offer guidance on the best way to heat your home and any financial assistance that might be available - see their website for details.